NOISE

cjosafety.co.uk

NOISE

CJO Safety

T. +44 (0) 1588 641 915
E. chris@cjosafety.co.uk
W. cjosafety.co.uk

iirsm APPROVED TRAINING

CPD CERTIFIED The CPD Certification Service

NOISE

T. +44 (0) 1588 641 915

Has your workforce received sufficient noise training?

Noise exposure can cause temporary hearing problems, permanent hearing deterioration and complete deafness. Noise can also cause distraction and distress, which can heavily affect employee performance. Staff exposed to noise, whether as a one-off or continuously, must receive the training and protective equipment that they need to stay safe.

Health and Safety Executive - HSE

Who is noise training for?

Anyone who works with or around loud machinery will benefit from this training.

In particular, quarry workers, mine workers and military employees are at a high risk of exposure to sudden noise blasts.

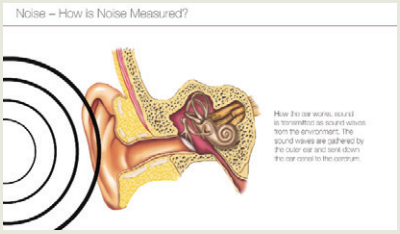
What does the noise course cover?

The noise course covers:

- *The causes of hearing damage.*
- *How noise is measured.*
- *How employers can protect employees against noise exposure in the workplace.*
- *The Control of Noise at Work Regulations 2005.*

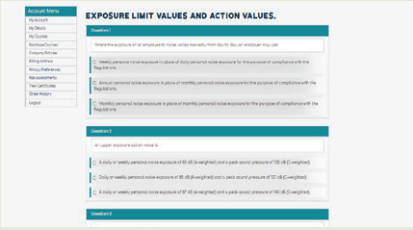
What is the benefit of noise training to your business?

This online course provides detailed information on the types of noise that people can be exposed to and how companies can take steps to prevent their staff from enduring hearing damage. Staff can complete their training at any time to suit your needs.



Video Presentations.

Interactive Games.



Final Exam – Certificates Provided.

These are the average noise levels in workplaces (noise measured in decibels):

- ***An average office – 65 dB(A).***
- ***A quiet office – 45 dB(A).***
- ***A loud radio – 70–75 dB(A).***
- ***A heavy lorry revving its engine seven metres away – 90 dB(A).***

As a rule of thumb, if the noise is so loud that you can't reasonably hear a normal conversation at a distance of two metres, you need to take action.

CJO Safety

T. +44 (0) 1588 641 915 E. chris@cjosafety.co.uk W. cjosafety.co.uk